Mark as Muse - Discovering Your Visual Language - 5 Day Workshop
Supply List

MARK-MAKING SUPPLIES

- ☐ Your mark-making journal: A 9" × 12" sketchbook or pad that will withstand wet media such as watercolors, markers, etc. Canson XL Mixed Media or Canson Watercolor Paper are good options. If you prefer thinner paper for possible collage, try a Rendr No-Show Sketchbook by Crescent Creative or Bienfang Graphics 360 Marker Paper.
- ☐ A variety of inexpensive brushes in different sizes, plus a cup for rinsing brushes.
- ☐ Any art media you own that will make a mark: markers, crayons, charcoal, watercolors, gouache, etc.
- ☐ Unusual mark-making objects: plastic fork, cotton swab, toilet paper tubes, sponges, daubers, scrapers, etc. Think outside of the box.
- ☐ A phone, laptop, or tablet PLUS earbuds or headphones for private listening to music.
- ☐ One or two of your own photos to use as inspiration. These do not need to be printed; they can be saved on your phone.
- ☐ Color inspiration images (digital or print), such as favorite artworks.

FABRIC REQUIREMENTS

- ☐ Bring any combination of plain white or previously dyed fabrics.
- ☐ White PFD cotton is recommended. You may also bring silk, rayon, linen, or natural-fiber blends.
- ☐ Maximum total: 20 yards.
- ☐ Cut or tear fabric into fat quarters, half-yard pieces, one-yard pieces, 44”x44” or any sizes that you are comfortable working with.

☐ **PRE-CLASS PREPARATION — LABELING**

IMPORTANT: Label your fabric before you soda-soak it.

Label each piece so your fabrics can be identified after dyeing. **Do not skip this step.**

1. Cut small rectangles, approximately 2" × 4", from Tyvek (a Tyvek mailing envelope or Tyvek sheet works well).
2. Use a permanent, wash-fast marker to write your initials or name on each tag.
3. Machine-stitch each Tyvek tag securely along one edge, near a corner, of each fabric piece.

☐ **PRE-CLASS PREPARATION — SODA SOAK**

Soda Ash Solution

- 9 Tbsp. soda ash (½ cup + 1 Tbsp.). Use Pro Chemical & Dye Procion Activator or Dharma Trading Co. Soda Ash Fixer
- 1 gallon warm water

Procedure:

1. Dissolve the soda ash in the water and stir. Let sit and stir again if necessary.

2. Add fabrics to a bucket without packing them tightly.
3. Soak for 15 minutes.
4. Wring out.
5. Line dry completely.

Do NOT:

- Rinse out the soda.
- Put soda-soaked fabric in the dryer. It can scorch and may cause a fire.
- Iron soda-soaked fabric. It can scorch.

Notes:

- The soda solution can be reused. Store it in a cool place.
- CAUTION: Soda soak silk no more than one week before class. Soda is caustic to silk and can cause holes if left in the fabric too long.

DYE TOOLS & EQUIPMENT

- 10–20 clear, disposable 18–20 oz. cups with ridges. Clear, ridged cups are important. Example: Up & Up brand Party Cups from Target.
- 1"-, 2"-, and 3"-wide inexpensive foam brushes: a couple of each size or a variety pack.
- 1 or 2 smooth foam paint rollers with roller cover and frame, 4"–6".
- 1–3 clean spray bottles (recycled bottles are fine).
- 1–3 small squeeze bottles, such as hair-dye applicator bottles.
- 10–20 plastic spoons.
- One set of measuring spoons, from ⅛ teaspoon through 1 tablespoon.
- A small container for rinse water, such as a clean, recycled yogurt container.
- A thick Sharpie for labeling cups, tools, and supplies.
- A partial roll of blue painter's tape for labeling cups and other items.
- Pen and notebook for taking notes (or use your mark-making journal).

SILKSCREEN SUPPLIES

- 2–4 silkscreens with 110-mesh polyester.
  - Suggested sizes: 10" × 14", 12" × 18", or 16" × 20".
- A squeegee or scraper, such as:
  - 3M Auto Body Plastic Spreader and/or
  - Speedball Plastic Screen Printing Squeegee.
- A scrub brush for cleaning screens.

☐ **PRE-CLASS PREPARATION — Scouring**

- ☐ Scrub screens with Comet (preferred) or blue Dawn dish detergent.
- ☐ Rinse and allow to dry for 24 hours.
- ☐ Tape **all of the wooden edges** with duct tape or Gorilla Tape. Screen-taping demonstration

PRINTING & STAMP-MAKING SUPPLIES

- 1–4 wooden or acrylic blocks, approximately 4" × 4" and at least ⅛" thick, for creating your own stamps.
- 2–10 sheets of heavy cardboard or chipboard, 8”x10” up to 12"×14".

BATCHING & TRANSPORT

- Large garbage bags or plastic sheeting (3 mil or thicker) for batching. Bring enough to accommodate the amount of fabric you are bringing.
- Several gallon-sized Ziploc bags with sliders for transporting batching fabrics home.
- A lidded plastic bin or container for transporting ziplocs containing batching fabrics.

FABRIC SCISSORS & PAPER

- Fabric scissors.
- Newspaper/newsprint and/or scrap paper.
- Paper scissors.

SAFETY & CLEANUP

- N95 mask for use when mixing chemicals.
- Gloves and an apron or wear old clothes.
- A couple of old dish towels for drying screens.
- Nail brush for cleaning fingernails (optional).

Label ALL your tools and supplies with your Sharpie before class.

CLASS FEE: $80 - covers dyes and chemicals and use of instructor’s tools.

OPTIONAL SUPPLIES (bring if you already own them)

- Wedge contour shapers and/or Color Shapers
- Stamp carving blocks & tools
- Other materials for marking fabric, such as:
    - Fabric paints, including metallics
    - Fabric markers
    - Inktense pencils
    - Marabu Fashion Liners

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