

**IGNITE YOUR WILD CREATIVITY!  
3 DAY ABSTRACT ART WORKSHOP  
SUZANNE JACQUOT  
10 – 4PM**

THIS 3 DAY INTENSIVE ABSTRACT ART WORKSHOP IN ACRYLICS is OPEN TO ALL LEVELS. Through many unique guided exercises, you will explore the most fundamental element that makes for bold, dynamic paintings: DIVIDING SPACE/ COMPOSITION/EYE FLOW. In this workshop will learn:

1. Taking risks as fundamental to play and pushing your edges
2. Break though stuck ways of painting and trusting your own intuition
3. Learn exciting and fresh ways to start your abstract paintings
4. Learn how to create layers and depth through veiling and obliterating
5. Experiment and explore with new tools
6. Learn your own unique ways of expressing your heart's desires
7. Have plenty of time for your own personal explorations and discoveries
8. Get the support you need in a creative and safe environment

**MATERIALS LIST....**

- 11 X 14" MIXED MEDIA WORKBOOK
- PAINT BRUSHES, VARYING SIZES AND SHAPES
- SCRAPERS
- SHAPERS
- SPONGE
- PAINTS
- PALETTE KNIVES
- WATER BUCKET
- PALETTE PAPER
- ARTIST TAPE 1"
- SCISSORS
- GRAPHITE TOOLS, ERASER, BLACK PASTEL, FIXATIVE
- GLUE STICK
- 20 SHEETS, 22" X 30" HEAVY WEIGHT, MIXED MEDIA PAPER
- 1 ROLL KITCHEN PAPER TOWELS

BIO:

**Suzanne Jacquot** became an artist at age 3 when she felt the awe of wonder of the infinite and let curiosity inspire her way of being in the world. She earned her BFA at UC Berkeley in psychology and design. After graduation she immersed herself in ceramics taking a summer long training in Davenport, CA, followed by a year studying in London and finally getting her MFA from Mills College in ceramic sculpture and photography. She merged ceramics and photography and was a SF SECA award recipient, showing her work in the Bay Area and beyond. After raising her children and receiving her Art Therapy Certificate from Sonoma State University Suzanne taught art for healing in hospitals, for children at risk and privately for trauma victims. After moving to Sonoma County in 2000, Suzanne has devoted herself to Abstract Art and being inspired by the beauty of Nature that surrounds where she lives. She has shown her work in various galleries and museums throughout the Bay Area and Canada. For the last 3 years Suzanne has taught Abstract Art at Marin Museum of Contemporary Art, Benicia Arts Center and most currently Studio4404 and LIVE ONLINE. In 2014 she founded [www.LivingYouWildCreativity.com](http://www.LivingYouWildCreativity.com) with Grant Taylor where you can find her schedule of workshops. Her personal art can be seen on her website: [www.SuzanneJacquotArt.com](http://www.SuzanneJacquotArt.com)