

## Materials List: Oil and Cold Wax Workshop – 5-day Workshop

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Although not 'required,' I do recommend that you purchase and review our book, **Cold Wax Medium: Techniques, Concepts & Conversations**. We will be referring to it during the workshop. It is available at [www.squeegeeexpress.com](http://www.squeegeeexpress.com)

Please contact me with any questions – I look forward to working together!

*PLEASE NOTE: THE 'REQUIRED SUPPLIES' ARE REQUIRED. For you to get the most out of the workshop, you need the right tools and materials.*

### Required Supplies:

- **4" brayer**
  - ◆ Rebecca and I offer an exclusive line of custom-designed brayers that can be purchased through our site, [www.squeegeeexpress.com](http://www.squeegeeexpress.com). Due to travel, I will NOT have any of these available for sale at the workshop.
- **palette knives** (1 or 2) with offset handle
  - ◆ I STRONGLY RECOMMEND square, flat palette knives. For me, the pointed ones gouge the surface and are not good for scraping. Here is the kind I use:  
<http://www.dickblick.com/items/03126-1007/>
- **Squeegee**
  - ◆ Our new exclusive line of custom designed squeegees, in 5 sizes, are available and can be purchased through our site, [www.squeegeeexpress.com](http://www.squeegeeexpress.com). I may have some of our new SP Create squeegees available for purchase at the workshop but cannot guarantee that there will be enough for everyone. If you definitely want one for the workshop, I suggest you order from our site.
- **Brushes** – if you like. I basically NEVER use a brush, but some people do.
- **Oil paints** (see below)
- **1 roll painters tape (typically blue or green but available in white, too), 1 – 1.75 inches width (DO NOT FORGET THIS)**
- **Gloves (if you use them)**. I recommend nitrile, not latex, gloves, the kind you see in hospitals and can be purchased at Home Depot, Costco, Amazon, etc.

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### Optional but recommended Supplies:

- Oil paint/pigment sticks (2 or 3) Not oil pastels! Also called oilbars. I use Windsor Newton Oil Bar and R&F pigment sticks.
- Materials/tools you can use to create texture in wet paint surfaces. I will have a variety, but feel free to bring any that you like. These can be very personal.

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### Notes regarding materials:

#### Although I am providing Multimedia Artboard, if you are going to bring additional painting panels:

- 12"x12" is the smallest size I recommend – in this class you will work at your own pace – if you tend to work rapidly you may want to have a few extra or to bring slightly larger panels to work on, but nothing larger than 16x20. Remember you will need to transport these home, and they will not be totally dry at the end of our class.
- You must gesso your wood panels with acrylic gesso before coming OR use prepared panels such as Gessobord, Encausticbord, or Claybord by Ampersand. They are available through Dick Blick and other vendors.
- Please DO NOT bring the primed/gessoed linen/canvas panels from places like Dick Blick, Jerry's, etc. They do not work well for the techniques we use.

### Oil Paints and tools:

- A dozen or so of your favorite paints-include transparent, opaque, dark, light, warm, cool colors. Beyond a basic palette of colors I would strongly suggest some transparent colors such as Sennelier Chinese Orange, Williamsburg Alizarin Orange, Gamblin Transparent orange, Asphaltum, or Transparent Ochre, or any brand of quinacradone colors; also one metallic color such as a Rembrandt Deep Gold or Copper or Gamblin rich Gold, Rembrandt Tin is nice. Aim for 10-12 colors excluding titanium white. If you routinely mix your own colors, you may need fewer colors.
  - A basic list of oil colors might include:
    - Titanium white
    - Phthalo blue
    - Ultramarine blue
    - A transparent orange
    - A transparent red
    - Sap green
    - Cadmium yellow
    - Cadmium red
    - Ivory black
    - Earth colors (yellow ochre, siennas, umbers, Asphaltum)
- If you are new to oils, student grade paints are fine and are less expensive.
- **Bring LOTS of titanium white, at least 150mL.** 4 to 5 days is a lot of painting. And one of the things I find a hurdle for most students is getting comfortable mixing up a good amount of paint. We are NOT stingy with paint when using cold wax techniques.

To get some ideas about using oil and wax, please visit/join this website: [www.oilandwax.ning.com](http://www.oilandwax.ning.com)

Many artists are on this site which showcases our work & provides inspiration & a forum for information exchange.